

BODY EQUITY: SELF-ESTEEM IN THE

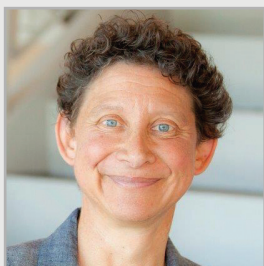
BALANCE

Body Image and Self-Esteem Conference

April 16th & 17th, 2015

Chestnut Conference Centre, Toronto

Keynote and Noted Speakers Include:



Linda Bacon

Find YOUR Voice for Body Respect

Internationally recognized authority on weight and health. Author of the highly acclaimed best-seller "Health at Every Size: The Surprising Truth about your Weight"



Kathy Kater

Hope for the Future: Transforming the Destructive Assumptions of Thin Privilege and Weight Stigma

Internationally known author, speaker, consultant and psychotherapist specializing in the treatment and prevention of body image, eating and weight-related concerns.

Featured Workshops Include:

"Fat Talk": Addressing Negative Body-Related Conversations – Dr. Sarah Royal

Negative, disparaging comments about one's body can be triggering and upsetting. Review why the topic of fat talk is important and learn strategies on how to address it.

Early Bird Registration ends Friday, February 27th, 2015

Presenting Sponsor:



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For more information, please visit:

<http://nedic.ca/conference-2015> or call **416-340-4800 ext. 8128**